

Intimacy with God — The Heartbeat of TruHope

At TruHope, *intimacy with God* is not a side topic, a spiritual luxury, or a concept reserved for the “super spiritual.” It is the very **foundation** of everything we do. Our ministry flows from one central conviction: **a deep, personal, vibrant relationship with God is the source of all healing, clarity, strength, and transformation.**

This is why we pursue Him passionately, persistently, and wholeheartedly. We believe every person—no matter their story, wounds, or background—can experience a life-changing, heart-level connection with God. And we love walking with people as they discover what it means to *know God personally*, hear His voice, and experience His presence in real, tangible ways.

What Is Intimacy with God?

Intimacy with God is more than knowing facts about Him. It is a **living exchange**—a relationship where His heart touches ours and our hearts respond in trust, vulnerability, and love.

Jesus defined eternal life this way:

“This is eternal life: that they know You, the only true God, and Jesus Christ whom You have sent.” — John 17:3

This kind of knowing is relational, experiential, and deeply personal. Scripture describes it as:

- God pouring His love into our hearts (Romans 5:5)
- Offering Him our whole heart (Proverbs 23:26)
- Seeing into His thoughts and ways (1 Corinthians 2:10–12)
- Being transformed as we behold Him (2 Corinthians 3:18)
- Abiding in Him and receiving His life (John 15:4–9)

Intimacy is where our wounds meet His compassion, our confusion meets His wisdom, and our fears meet His peace. It is where we learn to walk in His confidence, His joy, and His strength.

Why Intimacy Matters for Your Walk with God

When you *deepen your walk with God*, everything changes. Intimacy becomes the place where:

- Fellowship becomes natural
- Communion becomes life-giving
- Conversation with God becomes two-way
- Listening becomes easier
- Meditation becomes meaningful

- Transformation becomes inevitable

God is not distant or reluctant. Scripture says:

“Let us go at once to entreat the Lord and seek the Lord Almighty. I myself am going.” — Zechariah 8:21

“The Lord waits to be gracious to you.” — Isaiah 30:18

He is eager to meet with us. He is ready to speak. He is willing to heal. He is longing to draw us close.

At TruHope, we model this pursuit. We refuse to settle for spiritual complacency. We seek Him early, often, and with expectation—because intimacy is where everything begins.

Intimacy and Spiritual Warfare

Many people don’t realize that intimacy with God is also a weapon. Scripture reveals God as a Warrior:

- *“The Lord is a man of war.”* — Exodus 15:3
- The Commander of the Lord’s army stands ready to lead His people (Joshua 5:14)
- Paul speaks of fighting the good fight (2 Timothy 4:7)

Intimacy fuels spiritual authority. Without it:

- Discernment becomes cloudy
- Courage weakens
- Endurance fades

But with intimacy:

- We fight from a place of strength
- We hear God’s strategies
- We stand in His confidence
- We partner with His power

We never fight alone. We fight from communion with God.

Prayer: Speaking, Listening, and Receiving

Jesus modeled a life of deep communion with the Father. His disciples saw the fruit of His intimacy and asked:

“Lord, teach us to pray.” — Luke 11:1

Jesus prayed with confidence:

“Father, I thank You that You have heard Me... and I know that You always hear Me.” — John 11:41–42

Prayer is not performance. It is relationship.

It involves:

- Speaking
- Listening
- Receiving
- Surrendering
- Responding

Jesus Himself lived in constant dependence on the Spirit (Luke 4:1, 14, 18–19). He withdrew to pray (Luke 6:12). He sought the Father’s counsel before decisions (Luke 3:21; 6:12). He prayed with others (Luke 9:28). He only did what He saw the Father doing (John 5:19; 12:49–50).

If Jesus lived by intimacy, how much more must we?

Intimacy in Community: The Power of Agreement

Intimacy with God is personal, but it is also **communal**. God designed us to walk together, pray together, and fight spiritual battles together.

TruHope operates as a **Warrior’s Huddle**—a unified team seeking God’s heart and standing in agreement.

Scripture says:

- *“Two are better than one...”* — Ecclesiastes 4:9–12
- *“Where two or three gather in My name...”* — Matthew 18:19–20

Agreement in prayer is powerful. It chips away at obstacles. It breaks strongholds. It opens doors for breakthrough.

This is FAITH: **Full Assurance In The Heart** (Hebrews 11:1).

The Rewards of Intimacy

The Psalmist declares:

“O God, You are my God; early will I seek You...” — Psalm 63:1–3

Intimacy opens the door for God to give “good things” to His children (Matthew 7:11). Through intimacy we:

- Resist sin
- Enjoy God’s presence
- Experience renewal
- Grow in authority
- Love others more effectively
- Discern God’s voice
- Walk in spiritual power
- Live with clarity, confidence, and joy

Tony Evans says it beautifully:

“God doesn’t want you to try harder. He wants you to trust Him deeper. Intimacy determines capacity.”

As intimacy expands, so does our spiritual weight, authority, and effectiveness.

A Prayer for Intimacy: Paul’s Blueprint

Paul prayed that believers would be:

1. **Strengthened internally by the Holy Spirit**
2. **Indwelt deeply by Christ**
3. **Rooted in God’s love**
4. **Filled with God’s fullness**

(Ephesians 3:14–21)

This is the life of intimacy—strengthened, loved, filled, and empowered.

God is able to do far more than we ask or imagine. Intimacy positions us to receive and release that power.

Testimonies: What Intimacy with God Looks Like in Real Lives

Nothing speaks louder than transformed lives. Here are two powerful stories from individuals who encountered God through TruHope sessions.

Ruth’s Story: “I Had a Personal Visit with Jesus”

“I had a personal visit with Jesus. All the areas of my concern and trauma were addressed. I was set free from fear and panic. I was able to forgive others and was brought back to a place of peace. I am now getting back on track with God’s thoughts and what He thinks of me, and I am losing the religious mindset I had. I can now walk in the Lord’s confidence and rely on Him in all things.” — Ruth

Ruth’s testimony captures the heart of intimacy:
Jesus meets us personally, tenderly, and powerfully.

Her encounter brought:

- Freedom from fear
- Healing from trauma
- Restoration of peace
- A renewed identity
- Confidence in God
- Release from religious pressure

This is what happens when intimacy becomes real—not theoretical.

Jeremy’s Story: “I Learned How to Reach Out to Father God”

“The session I had really helped me! I learned an interesting way to reach out to Father God. The group was small, so it was easy to share. I will always have a grip on how to communicate with God now. They showed me an easy way to connect with God. I was able to meditate and visualize Jesus standing by me.” — Jeremy

Jeremy discovered that intimacy with God is accessible, simple, and deeply personal. Through meditation, visualization, and guided listening, he learned how to:

- Communicate with God
- Experience God’s nearness
- Share openly in a safe environment
- Build confidence in hearing God’s voice

His story reflects what many experience at TruHope:
God becomes real, close, and relational.

How You Can Deepen Your Walk with God

Here are some practical ways to cultivate intimacy with God in your daily life:

1. Create Space for Fellowship

Set aside intentional time for communion with God. Even 10–15 minutes of quiet can open your heart.

2. Practice Listening Prayer

Instead of doing all the talking, pause and ask:

- “Lord, what do You want to show me today?”
- “What is on Your heart for me?”

Then listen with expectation.

3. Meditate on Scripture

Choose a verse and sit with it. Let it speak to you. Let God highlight words, phrases, or truths.

4. Journal Your Conversations with God

Writing helps you recognize patterns, answers, and insights.

5. Invite God into Your Emotions

Tell Him what you feel—fear, joy, confusion, longing. Intimacy grows through honesty.

6. Connect with Community

Intimacy grows in agreement. Pray with others. Share your journey. Let others stand with you.

7. Schedule a TruHope Session

Sometimes we need guidance, support, and a safe place to process. That’s what we’re here for.

Ready to Experience Intimacy with God for Yourself?

If you’re longing for deeper fellowship, clearer conversation with God, emotional healing, or spiritual breakthrough, we would love to walk with you.

 **Schedule a session with TruHope:**

 **Follow us on Facebook and Instagram** to stay connected, encouraged, and inspired.

At TruHope, we pursue God because He first pursued us. From this relationship of intimacy, love, joy, and trust flows the healing and transformation we offer every Beloved who walks through our doors.

You were made for intimacy with God.
And we would be honored to help you discover it.